

We are pleased to be able to offer a training
workshop in...

Assisting Others

"Success has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others."

~ Danny Thomas



(am) 9:30–12:30

6th December 2018

Training provided by Joanne
Burt of Swale CVS

For more information contact :
01795 473828
Jane.Watkins@swalecvs.co.uk

Course Aims :

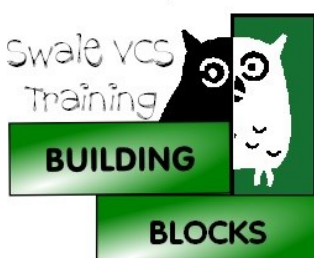
To gain a better knowledge/
understanding of :

- Safe Load Management
- Legislation
- Spinal awareness
- Safer manual handling
- Assessing risks

FREE refreshments will be provided – please state at time of booking if you have any special dietary requirements.

Disabled parking is available outside the venue (limited number of spaces) or nearby next to the library (paid).

Just £10 per person



Swale CVS, Central House, Central
Avenue, Sittingbourne, ME10 4NU



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LOTTERY FUNDED**